



21 September 2018

Dear New Applicants and Past Members,

We are happy to hear of your interest in ADAP's *Youth Wellness Council (YWC)* for the 2018 - 2019 school year. We have updated the name of the youth groups this year to emphasize our focus on wellness.

The ***Youth Wellness Council*** provides Weston students with a safe environment to discuss the challenges they face in high school. And to learn about the risks associated with substance abuse. In addition, YWC members may mentor younger students, become peer leaders, and help with ADAP's awareness programs in the Weston schools and in the community.

YWC is comprised of 25-40 Weston students in 9 – 12th grades. Tim Walsh is the director and facilitator for the Youth Wellness Council. He was handpicked by John McGeehan who designed the program and has facilitated YWC (formerly YLC) since its inception. The group meets monthly-October through May-on the first Monday of the month from 7–9 PM in the Community Room at the Weston Public Library. Since we meet only once a month it is important that members attend each meeting.

There will be a parents' meeting on November 5. Tim Walsh will present the program and expectations. Even parents who attended this meeting last year are asked to attend this year. The meeting will be in the Community Room of the Library at 5pm (right before the Middle School meeting).

Space in the YWC program is limited and acceptance is on a first come basis.

To become a YWC member, please submit the attached application and the \$75 membership fee (check made out to ADAP of Weston) to

ADAP of Weston, PO Box 1241, Weston, CT 06883

Your application must be received by November 5, 2018.

Thank you for your interest in the Youth Wellness Council. We look forward to hearing from you.

Sincerely,
Rob Handel, *ADAP President*
Email: westonadapylc@gmail.com

Proposed meeting dates for 2018 - 2019: October 1, November 5, December 3, January 7, February 4, March 4, April 1, May 6, June 3 (make-up or end of year party as calendar permits).