



21 September 2018

Dear Middle School Applicants,

We are happy to hear of your interest in ADAP's *Youth Wellness Council (YWC)* for the 2018 - 2019 school year.

The ***Youth Wellness Council*** provides Weston students with a safe environment to discuss the challenges they face in middle school. With a focus on Connection, Integrity & Wellness ADAP is kicking off this new program specifically tailored to 7th and 8th grade Middle School students. The meetings will focus around the core principles of connection, integrity & wellness. This group is open to all 7th and 8th grade middle school students in Weston whether they attend WMS or another school.

Tim Walsh is the director and facilitator of the Youth Wellness Council. He has been the director and facilitator of the ADAP YWC (formerly YLC) program for high school students since 2012. The middle school group meets monthly-October through May-on the first Monday of the month from 5:30-6:30 PM in the Community Room at the Weston Public Library. Since we meet only once a month it is important that members attend each meeting.

There will be a parents' meeting on November 5. Tim Walsh will present the program and expectations. The meeting will be in the Community Room of the Library at **5pm** (right before the Middle School meeting). **For this night only, the middle school meeting will begin at 6pm instead of 5:30pm.**

Space in the YWC program is limited and acceptance is on a first come basis.

To become a YWC member, please submit the attached application and the \$75 membership fee (check made out to ADAP of Weston) to

ADAP of Weston, PO Box 1241, Weston, CT 06883

Your application must be received by November 5, 2018.

Thank you for your interest in the Youth Wellness Council. We look forward to hearing from you.

Sincerely,
Rob Handel, *ADAP President*
Email: westonadapylc@gmail.com

Proposed meeting dates for 2018 - 2019: October 1, November 5, December 3, January 7, February 4, March 4, April 1, May 6, June 3 (make-up or end of year party as calendar permits).